



PREPARING FOR YOUR SESSION WITH
JESSICA BRIDGEWATER PHOTOGRAPHY

HELLO!

Congratulations on your new baby! Thank you so much for allowing me the amazing and rewarding job of photographing your new little one in his/her first few days of life. Newborns are my passion and I consider myself truly blessed to be around these little miracles so much. Please take a few minutes and read through this prep packet. It will help our session run much smoother.

ABOUT THE STUDIO

As a mom of four I remember the weeks following each of my births, I was so forgetful and didn't want to be planning a thing. If you forget something, don't fret. I have everything you need in the studio with the exception of food for baby. As far as props are concerned, I have you covered there as well. My sessions are all inclusive! You will be sent a questionnaire and a style guide in a separate email (if your session includes family.) Please fill out the questionnaire as this is what I will use to set up for your session. If it's not filled out, I get free rein of your session! ;)

I do also have stairs that lead up to the studio (and there is no elevator.) You will come in the front door and go to the right up the big staircase. There is no bathroom in my suite, it is down the stairs at the end of the hall.

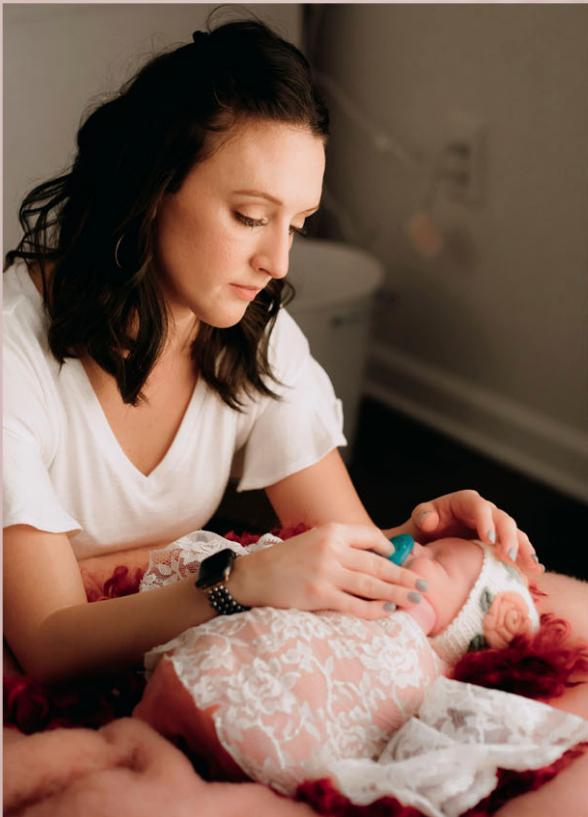
FOR BABY

Please feed baby before you leave (don't be late!) Also, please do not let him sleep before hand, instead try giving a bath, let him kick with only a diaper, tickle his toes, and even let him fuss for a little bit (no pacifiers) for the few hours beforehand. This will ensure those squishy, sleepy newborn pictures you are so used to seeing! I can't stress that it's so important to do your best to keep him/her awake.

Many parents come in saying "baby has been sleeping all morning, but trust me, he sleeps SO good this time of day!" only to have baby wake up, since they will be unclothed and unwaddled!

They will fall asleep in the car, that's fine. PLEASE let me get baby out of the carseat when you arrive. (Momma, tell dad this! they always want to grab baby out and it wakes them up. haha!)





FOR BABY CONT...

Sessions last between 2.5-3.5 hours, sometimes longer if baby is a light sleeper, or is hungry! The easiest way to ensure a sleepy baby is the willingness to feed baby when I request or on demand. Please bring a pacifier (**Neutral colored one with no print on it!**) We won't use it a ton but sometimes it does help settle baby with out having to move them completely.. . Even if you haven't used one, please bring it for the 2 hours that I'm posing him/her. It really can help. If you are bottle feeding, bring plenty of bottles with you. Gas drops will also help if you are not against using them.

FOR PARENTS (Premium and Studio Lifestyle)

Parents, if you booked the premium package you are a big part of the show! Photographing the connection between you and your baby is one of my all time favorite things. Just as they encourage in the hospital, skin to skin contact and closeness creates the most beautiful images.

Please see the attached Style Guide for my suggested colors and styling preferences. Following this guide will help provide your family with the photos you are expecting to see from me. If you are interested in using my client closet, please let me know-It's FREE! If not, please text me photos of what you/your family plan to wear a few days before the session.

FOR SIBLINGS (Premium Packages and Studio Lifestyle)

Including older brother/sister(s) in your newborn's portraits is the perfect way to document this fleeting time in your lives. Typically for siblings under 3. We are lucky to get 1-2 good images. This is 100% normal! Please do not set any expectations for them as this will likely lead to disappointment.

We want to ensure a calm and peaceful environment for the star of the show! (and I don't want siblings getting hurt or bored!) It seems to work best if older siblings leave once their portion of the shoot is finished. A family member or trusted friend can meet you here and take big bro/sis after they are finished with photos. Supervision for them is a must as my focus needs to be 100% on your baby.

ADDITIONAL THOUGHTS

It is my hope that you come to the studio feeling comfortable and at home. I am truly honored to be able to document this incredible time in your lives and look forward to getting to know you and your sweet baby!

Everything stated here is what I have found to work best for babies over the years. If you are uncomfortable with anything feel free to make adjustments. While no image is promised, I do promise to take care of your family and provide you with the best photos possible.

PARKING:

Parking is limited to two hours in downtown Olathe. There is a parking garage 1.5 blocks north of my studio, or you can park out front and if we hit that two hour mark hubby can just run and move the car if needed. :) If you need help getting inside, just call or text me!



The balance of your session will be due the day of.
You may pay with cash, check, credit card, or Venmo.

Any questions at all please feel free to call me at the
studio at 913-579-6249





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